

Who'd enjoy this ride?
On a shared-use path for walkers and cyclists with one gentle hill, and lots to do, this is a fantastic ride for all the family.

You start your ride at the beginning of the shared-use path for walkers and cyclists, cycling out into countryside towards Lochwinnoch. The path will take you through this picturesque village, known as the gateway to some of the most unspoilt countryside in central Scotland. With an important RSPB reserve on the doorstep, and its own country park, Lochwinnoch is a great place to spend a few hours exploring.

After taking in all the sites, you wind your way to the village of Kilbarchan, where you can join in at the working weaver's cottage and spin your own yarn! It is then only a short ride to Johnstone so look out for the Borealis sculpture where your ride ends.

Lochwinnoch Loop Line Kilbirnie to Johnstone

Start/finish points:
The industrial estate at the edge of Kilbirnie / the dramatic Borealis Sculpture on the outskirts of Johnstone.

Nearest railway stations:
Glengarnock (near Kilbirnie), Lochwinnoch, Milliken Park (Johnstone) and Johnstone.

Parking:
Kilbirnie, Lochwinnoch and Johnstone.

Refreshments:
Kilbirnie, Lochwinnoch and Johnstone.

Public toilets:
Kilbirnie, Lochwinnoch and Johnstone.

Attractions:
The Weaver's Cottage in Kilbarchan has original working looms and spinning wheels, where you can try your hand at weaving and spinning! Visit www.nnts.org.uk (National Trust for Scotland) for more information.

You can visit www.kelloggs.co.uk/cycling or www.kelloggs.ie/cycling where you can download more guides and share your experiences with others.

Good to know:
Lochwinnoch is the gateway to Clyde Muirshiel Regional Park, an area of 108 square miles of magnificent countryside with woodland, moorland, coastal scenery and a lochside. It is ideal for all outdoor activities, including cycling and fishing, or simply relaxing with a picnic in spectacular surroundings. Visit www.clydemuirshiel.co.uk to find out more.

Lochwinnoch has one of the best RSPB sites in Scotland. This wetland reserve is ideal for all the family as the trails, bird watching hides and visitor centre are all easily accessible. The viewing area has telescopes and displays. Visit www.rspb.org.uk for more details.

Lochwinnoch you can take a detour around Castle Semple Country Park, taking in the loch, woodland and the Castle Semple Collegiate Church. For more information visit www.undiscoveredscotland.co.uk



Lochwinnoch Loop Line Kilbirnie to Johnstone

Take a whole day to explore what this cycle path has to offer, from small lochs, an RSPB nature reserve, a country park and a weaver's cottage.

www.kelloggs.co.uk/cycling
www.kelloggs.ie/cycling



This map is a representation of the route, use the signage on route or OS maps for further detail if required.

TIME TAKEN: **DISTANCE COVERED:**

NOTES:

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Did you know 20 minutes of gentle cycling burns up to 100 calories? There are no emissions from cycling so you are being good to yourself and the planet!

Enjoyed your ride on the National Cycle Network?
Sustrans is the charity behind the National Cycle Network.
For more information visit www.sustrans.org.uk