



Dundee to Arbroath

This bike ride will take you past historic ships moored in the Tay, a famous golf course, fine sandy beaches, pretty fishing ports and the remains of an Abbey. Make sure you have plenty of time!

www.kelloggs.co.uk/cycling
www.kelloggs.ie/cycling



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Attractions: There are a couple of good websites to help you plan your trip www.angusanddundee.co.uk and www.angusahead.com You can clamber aboard the RRS Discovery, moored in Dundee, and learn about Captain Scott's adventure to Antarctica. H.M. Frigate Unicorn, moored in Victoria Dock, Dundee, is a 46-gun warship and is the oldest British built ship that is still afloat. Broughty Castle Museum in Broughty Ferry holds fascinating information on local life. Barry Mill is managed by the National Trust Scotland and is a good example of a working mill - www.nts.org.uk Arbroath Signal Tower Museum looks at the working life of the lighthouse keeper, as well as exploring the fishing and textile heritage of this area.

You can visit www.kelloggs.co.uk/cycling or www.kelloggs.ie/cycling where you can download more guides and share your experiences with others.



This map is a representation of the route, use the signage on route or OS maps for further detail if required.

TIME TAKEN: **DISTANCE COVERED:**

NOTES:

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P PARKING
C PUBS
C CAFÉS/TEA ROOMS
WC TOILETS
★ ATTRACTION

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When you are on the National Cycle Network look out for these signs.

The numbers on the signs relate to the route you are following.

Length of journey: 19 miles (one way)

Did you know 20 minutes of gentle cycling burns up to 100 calories? There are no emissions from cycling so you are being good to yourself and the planet!

Enjoyed your ride on the National Cycle Network? Sustrans is the charity behind the National Cycle Network. For more information visit www.sustrans.org.uk

Who'd enjoy this ride? Families with children of all ages as well as individuals. The route uses minor roads for short stretches and so a certain amount of road sense is needed.

Start/finish points: Discovery Point, Dundee / Arbroath Abbey, Arbroath.

Nearest railway stations: Dundee, Broughty Ferry, Monifieth, Barry Links, Golf Street, Carnoustie and Arbroath.

Parking: Dundee, Monifieth and Arbroath.

Refreshments: Lots of choice in Dundee, Monifieth and Arbroath.

Public toilets: Dundee, Monifieth and Arbroath.

Dundee to Arbroath

You begin this bike ride at Discovery Point, just across the road from the railway station, and follow National Route 1 eastwards, and under the columns of the Tay Road Bridge. Just past the Apex Hotel you can turn left and go through the docks, but you need to apply in advance for a pass (phone 01382 224121). If you don't have a pass, follow the alternative signed route.

This ride will take you along sandy beaches between Broughty Ferry and Monifieth, across Barry Links on the former railway line to Carnoustie, along minor roads to the quiet port of East Haven and then on a cycle track alongside the A92.

Your final destination is the historic town of Arbroath, where you can explore the ruins of the local Abbey or just watch the comings and goings of the local fishermen.